Maternal involvement in the development of cardiovascular phenotype

R. McCarty, M. A. Cierpial*, C. A. Murphy*, J. H. Lee* and C. Fields-Okotcha

Department of Psychology, University of Virginia, Charlottesville (Virginia 22903-2477, USA)

Abstract. Over the past 20 years, laboratory studies of genetically defined animal models of human essential hypertension have provided valuable information on the pathophysiology of this disturbance in cardiovascular regulation. Relatively fewer studies have examined the impact of preweaning factors on the developing cardiovascular system of hypertensive animals. In our laboratory studies, we have utilized two inbred genetically hypertensive models: the spontaneously hypertensive (SHR) rat and its Wistar/Kyoto (WKY) normotensive control strain as well as the Dahl hypertension-sensitive (SS/Jr) and hypertension-resistant (SR/Jr) strains. To manipulate the preweaning maternal environment, we have employed the technique of reciprocal cross-fostering of litters between hypertensive and matched normotensive mothers. Our findings to date point to the maternal environment as a powerful influence on the development of high blood pressure in genetically hypertensive rats. In general, hypertensive rats reared by normotensive foster mothers have significant reductions in arterial blood pressure in adulthood. Thus, the progression of hypertensive disease is not strictly predetermined by genotypic factors. Rather, a genetic predisposition to hypertension interacts with preweaning environmental factors to determine an animal's cardiovascular phenotype in adulthood.

Key words. Cardiovascular phenotype; animal model; genetic hypertension; SHR; maternal behavior; cross-fostering.

Introduction

Diseases of cardiovascular regulation make a significant contribution to morbidity and mortality in the majority of developed countries of the world ⁵⁵. In particular, biomedical researchers have for the past 3 decades devoted considerable effort to determining the pathophysiological mechanisms responsible for the development and maintenance of elevations in arterial pressure. Recently, concern has been expressed for the deleterious effects of blood pressure elevations in young children and adolescents ^{3, 27, 35, 68, 70}. The results of several long-term epidemiological studies indicate that one approach to reducing cardiovascular disease in adults is to implement at an early age aggressive treatments to reduce risk factors linked to the development of hypertension ^{4, 5, 9}.

In studies with young children, several variables have been shown to exert a significant influence on blood pressure development. These include race, gender, body size and family history ^{5, 27, 43, 70}. Additionally, elevated blood pressures that are detected early in life tend to be maintained into young adulthood unless treatment regimens are instituted. At present, the consensus is that essential hypertension begins early in life and that some end organ damage may result in those children with systolic blood pressures in the top decile compared to agematched peers ^{29, 35}.

To examine the developmental course of essential hypertension in humans from infancy to middle age, one would need to marshall considerable resources to allow repeated measures of blood pressure and related physiological and behavioral variables.

Another avenue for examining the complex etiology of human essential hypertension is to investigate the early onset and later maintenance of high blood pressure in genetically selected laboratory animals ^{7,44,72,73}. Mod-

elling developmental processes related to essential hypertension in laboratory animals presents a number of advantages over life span developmental studies of human hypertensives. These include a greatly shortened life span, especially in laboratory rodents, the availability of genetically defined populations, and an ability to employ invasive procedures to investigate mechanisms of blood pressure regulation in normotensive and genetically or experimentally hypertensive animals.

Beginning in the 1960s, several small rodent models of essential hypertension were developed and made available to biomedical researchers throughout the world. Since that time, a great many investigations have been published that relate to pathophysiological changes which attend the appearance of established hypertension in several different animal models ^{28, 45, 56, 60}. However, ontogenetic studies of blood pressure regulation in the various animal models have received relatively little critical attention.

We have several goals for the remainder of this paper. First, we will present information relating to the characteristics of two animal models of essential hypertension that have been utilized by us and many others. Next, we will summarize recent studies from our laboratory relating to maternal influences on the development of genetic hypertension. Finally, we will conclude by presenting our thoughts on the concept of the cardiovascular phenotype as it relates to the dynamic interplay between early environmental influences and inherited susceptibility to cardiovascular disease.

Animal models of essential hypertension

Background. Beginning in the 1950s, several laboratories set out to develop small rodent models of essential hyper-

tension using selective breeding techniques. In general, breeding colonies of laboratory rats were screened for basal systolic blood pressures by tail cuff plethysmography or for pressor responses to dietary salt loading. Those adult male and female rats with higher than normal systolic blood pressures or with significant pressor responses following salt loading were mated over many generations. Similar mating protocols were followed for male and female rats that had normal resting blood pressures or a blunted pressor response to salt loading. The end result of several such efforts was the development of inbred strains of genetically hypertensive and matched normotensive strains of laboratory rats. These include the New Zealand ⁶³, Lyon ²², Milan ⁶, Kyoto ⁵⁷ and Dahl strains 82. Our focus for the remainder of this paper will be directed at the Kyoto and Dahl strains of hypertensive

The spontaneously hypertensive rat. The spontaneously hypertensive (SHR) rat and its Wistar-Kyoto (WKY) normotensive control were developed in 1963 by Okamoto and Aoki at Kyoto University in Japan 57. The foundation stock for the SHR strain was a breeding colony of Wistar rats. Unfortunately, the WKY strain was not established as an inbred strain until several years after the SHR strain was carried through 20 generations of brother-sister mating. This methodological flaw has presented major difficulties over the years relating to having a suitable normotensive control for studies with the SHR ³⁷. SHR and WKY rats were made available to laboratories throughout the world beginning in the late 1960s. Since that time, a voluminous literature has developed which describes various neural, humoral, physiological, molecular and anatomical changes that precede, attend or result from the development of hypertension in SHRs 45,60. In contrast, relatively little attention has been devoted to studies of preweaning SHRs when blood pressures are only slightly greater than age-matched WKYs 31, 32.

In SHRs, systolic blood pressures remain within the normotensive range (\leq 150 mm Hg) until approximately 10 weeks of age. It is important to note, however, that blood pressures of SHRs are consistently greater than blood pressures of age-matched WKYs as early as the day after birth ^{8,30,39}. Indeed, several investigators have described structural changes in the cardiovascular system of SHRs as early as the first week of postnatal life ^{16,41,61,69}. Specifically, Azar and co-workers ² detected cardiac hypertrophy in SHRs in utero. Because of the very early divergence in blood pressures and structural alterations in the cardiovascular system of SHRs, we have emphasized the value of investigations with preweaning SHRs to provide a more complete understanding of the etiology of this model of genetic hypertension ⁴⁹.

The Dahl hypertensive rat. Another rodent model of hypertension was developed in the laboratory of Professor Lewis K. Dahl during the early 1960s. Dahl's special area of interest was the relationship between dietary sodium

intake and the development of hypertension. As an approach to attacking this problem, Dahl and his co-workers developed two lines of Sprague-Dawley laboratory rats 17, 36. The Dahl salt-sensitive (DS) line developed hypertension when fed a diet containing high concentrations of sodium chloride (usually 8% NaCl). Rats of the Dahl salt-resistant (DR) strain had blood pressures within the normotensive range when fed control or 8% NaCl diets. Dahl never carried these lines beyond 5-6 generations of brother-sister mating because resting blood pressures of DS rats gradually increased above levels for DR rats. Because the lines were not carried through to 20 generations of brother-sister mating, blood pressures of rats of the two lines on control or 8% NaCl diets were not always consistent. In some instances, DS rats were hypertensive without salt loading while in others DR rats exhibited increases in blood pressure in response to salt loading.

In response to these problems, Professor John Rapp of the Medical College of Ohio initiated a program of brother-sister matings of DS and DR rats from Dahl's laboratory for more than 20 generations. This multi-year effort resulted in the development of two inbred rat strains: the SR/Jr is normotensive and unresponsive to an 8% NaCl diet while the SS/Jr rats are as high as 200 mm Hg by 12 weeks of age, and rats of this strain often die by 20 weeks of age due to renal or cerebrovascular lesions. Although the inbred strains of Dahl rats have been available from commercial suppliers for the past several years, very few studies have utilized preweaning SS/Jr rats to examine initiating factors which contribute to the age-related increases in arterial blood pressure in this model of genetic hypertension ^{58,59}.

Preweaning influences on the development of genetic hypertension

Overview. Over the past 6 years, we have examined the contribution of preweaning factors to the development of hypertension in SHR and SS/Jr rats. In this program of research, our working assumption has been that the development of hypertension in SHRs and SS/Jrs represents a dynamic interplay between genotypic factors and specific aspects of the preweaning environment. In formulating this epigenetic view, we reasoned that several major blood pressure regulatory systems undergo extensive postnatal development in laboratory rats. These include the sympathetic-adrenal medullary system, the renin-angiotensin-aldosterone system, the parasympathetic nervous system and the baroreceptor system 49, 50. We felt that specific environmental stimuli could modify the expression of inherited patterns of arterial hypertension by their effects on one or more of these blood pressure regulatory systems during the preweaning period. The lactating mother provides developing rat pups with a plethora of stimuli during the time between birth and weaning, including tactile stimulation, heat exchange,

nutrients, and olfactory cues. To modify maternal stimuli, we developed a cross-fostering paradigm whereby litters were exchanged between hypertensive and normotensive mothers. In our initial studies 11, 13, hypertensive and normotensive litters were reared by the natural mothers (control litters), fostered to mothers of the same strain (in-fostered litters), or cross-fostered to mothers of the opposite strain (cross-fostered litters). All litters were culled to 8 pups on the day after birth (postnatal day 1) and exchanges of litters between mothers were completed no later than postnatal day 2. SHR and WKY litters were weaned at 21 days of age while SS/Jr and SR/Jr litters were weaned at 30 days of age. Male rats of each straintreatment combination were group-housed from weaning until adulthood under standard conditions. Basal values of mean arterial pressure (MAP, mm Hg) and heart rate (HR, beats per min) were recorded in conscious, freely behaving adult rats via chronic tail artery catheters as described in detail by Chiueh and Kopin ¹⁰. Summarized below are the results of 5 experiments in which we utilized the cross-fostering paradigm to examine maternal influences on blood pressure development in genetically hypertensive and normotensive rats. In each experiment, only one animal from each litter was included in each treatment group. The findings from these experiments have revealed that the preweaning maternal environment plays an important role in the development of hypertension in rats of the SHR and SS/Jr strains.

Experiments. In our first set of experiments 11, 13, we measured basal MAPs and HRs in control, in-fostered and cross-fostered SHRs and WKYs at 120 days of age. MAPs of control SHRs were in the hypertensive range and were significantly greater than values for control WKYs (p < 0.001). In both strains, MAPs of in-fostered rats were comparable to values for controls reared by the natural mother. MAPs of cross-fostered SHRs were significantly lower than corresponding values for control and in-fostered SHRs (p < 0.001). In contrast, cross-fostering did not affect blood pressures of WKYs (fig. 1). Resting heart rates of SHRs were significantly higher than for WKYs (p < 0.001). Basal heart rates were similar across treatment groups in SHRs. For WKYs, basal heart rates of in-fostered rats were lower than for crossfostered rats (p < 0.001).

These findings revealed that blood pressure development in SHRs was affected by the preweaning maternal environment. In contrast, the cardiovascular system of WKYs appeared to be buffered against any blood pressure-elevating effects of the SHR maternal environment. In this experiment ⁵¹, we sought to extend our initial findings with the SHR and WKY strains to a different model of genetic hypertension. We utilized SS/Jr and SR/Jr breeding stock originally provided to us by Dr John Rapp. Basal values of MAP and HR were measured in control, in-fostered and cross-fostered rats of the two strains at 100 days of age. We selected an earlier endpoint

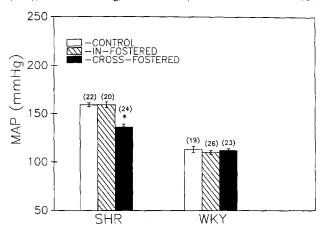


Figure 1. Resting mean arterial pressures (MAP, mm Hg) at 120 days of age for SHR and WKY male rats reared under control conditions, in-fostered to mothers of the same strain, or cross-fostered to mothers of the opposite strain. Data are presented as means \pm SEM and sample sizes are indicated in parentheses. *p < 0.001 compared to control and in-fostered SHRs. Results are taken from studies by Cierpial and McCarty 13 and Cierpial, Konarska and McCarty 11 .

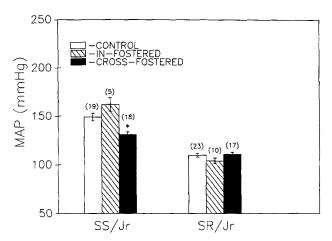


Figure 2. Resting mean arterial pressures (MAP, mm Hg) at 100 days of age for SS/Jr and SR/Jr male rats reared under control conditions, in-fostered to mothers of the same strain, or cross-fostered to mothers of the opposite strain. Data are presented as means \pm SEM and sample sizes are indicated in parentheses. *p < 0.01 compared to control and in-fostered SS/Jr. Results are taken from a study by Murphy and McCarty 51 and unpublished results from our laboratory.

for this experiment than in our work with the SHR strain because SS/Jr rats begin to die from complications of hypertensive disease beginning about 100 days of age. Throughout the experiment, rats of both strains were fed a standard laboratory chow diet (approximately 0.7% NaCl).

As expected, basal MAPs of SS/Jrs were significantly greater than values for SR/Jrs (p < 0.001). We also found that cross-fostered SS/Jrs had significant reductions in basal MAPs compared to control or in-fostered SS/Jrs (p < 0.001). In contrast, cross-fostering did not affect adult blood pressures of Sr/Jr rats (fig. 2). Resting heart rates of SS/Jrs and SR/Jr rats were comparable at 100 days of age. In addition, resting heart rates in rats of both strains were not altered by foster-rearing.

These results with the inbred Dahl strains extended our findings in experiment 1 with the SHR and WKY strains. A consistent picture has emerged from these two experiments in which genetically hypertensive rats exhibited significant reductions in basal blood pressures in adulthood if they were reared from birth to weaning by a normotensive mother.

Next, we considered the possibility that the blood pressure-reducing effect of cross-fostering was limited to hypertensive litters reared by their companion genetically normotensive foster mothers. To address this issue, we examined basal MAPs and HRs in 18-20-week-old SHR and WKY rats that were reared by normotensive Sprague-Dawley (S-D) foster mothers 14. Blood pressures of SHRs were significantly higher than those of either WKYs or S-Ds (p < 0.001). In addition, SHRs reared by S-D foster mothers had significant reductions in adult MAPs compared to naturally reared controls (p < 0.001). The magnitude of the decrease in MAP (26 mm Hg) was quite similar to the decrease in MAP reported in experiment 1 (23 mm Hg). Adult MAPs did not differ between control WKYs and those reared by S-D foster mothers. Similarly, MAPs of S-D rats were comparable in adulthood regardless of rearing condition (fig. 3).

Heart rates of adult SHRs were significantly higher than heart rates of adult WKY or S-D rats (p < 0.05). Rearing condition did not affect HRs for SHRs or WKYs. However, basal HRs of S-D rats reared by WKY foster mothers were lower than those of control S-Ds and of S-Ds reared by SHR foster mothers (p < 0.05).

Our findings in this experiment demonstrated that the same blood pressure lowering effects of cross-fostering reported above for SHRs reared by WKY mothers can also be obtained by employing normotensive S-D mothers in the fostering procedure. In this instance, the strain of the normotensive foster mother was unrelated to the

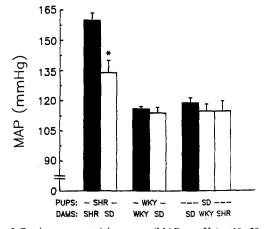


Figure 3. Resting mean arterial pressures (MAP, mm Hg) at 18–20 weeks of age for SHR, WKY and S-D male rats reared under control conditions or cross-fostered to mothers of the opposite strains. Data are presented as means + 1 SEM for groups of 7–10 rats. Results are from a study by Cierpial and McCarty¹⁴.

Wistar-derived SHR. Given that the magnitude of the reduction in adult MAPs of SHRs reared by WKY or S-D mothers was similar, it would appear that the hypertensive maternal environment includes a factor(s) that are not present in the two types of normotensive maternal environments. Alternatively, WKY and S-D pups may be resistant to the hypertension-promoting effects of the SHR maternal environment.

An unresolved issue from the first three experiments relates to the time during the preweaning period when the maternal environment exerts its impact on the development of hypertension. We considered three possible outcomes:

- 1. The maternal effect is cumulative. That is, the longer the hypertensive pup remains with the normotensive litter, the greater the reduction in adult blood pressure
- 2. The maternal effect is limited to a specific phase during the preweaning period.
- 3. A threshold amount of contact with the foster mother is required during any portion of the preweaning period.

In this experiment, there were six groups of SHR controls reared by the natural mother and individuals that were cross-fostered to WKY foster mothers for postnatal days 1-7, 8-21, 1-14, 15-21 or 1-21. We also included a group of control WKYs for purposes of comparison.

Our findings were generally consistent with outcome 2 described above. That is, SHRs reared by WKY foster mothers for either of the first two weeks of postnatal life had reductions in adult MAPs that were comparable to reductions noted for SHRs that were cross-fostered for the entire 3 weeks of the preweaning period. Basal HRs of SHRs were unaffected by foster-rearing (refer to the table).

In this study, we found that the timing of the cross-fostering effect corresponds well with the time when rat pups are maximally dependent upon the mother for nutrients. This is also the time when various blood pressure regulatory systems are undergoing substantial increases in functional capacity. Our working hypothesis at this point is that characteristics associated with mother-pup inter-

Basal values for mean arterial pressure (mm Hg) and heart rate (beats per min) in control and cross-fostered (xf) SHRs and in control WKYs at 100 days of age

Strain/treatment (N)	Mean arterial pressure	Heart rate
SHR control (8)	152 ± 4	332 ± 11
SHR xf 1-21 (6)	$124 \pm 3*$	331 ± 9
SHR xf 1-7 (6)	$121 \pm 7*$	328 ± 14
SHR xf 8-21 (6)	$126 \pm 6*$	320 ± 6
SHR xf 1-14 (6)	124 ± 4*	315 ± 7
SHR xf 15-21 (7)	154 ± 5	330 ± 8
WKY control (8)	111 ± 4	328 ± 10

Values are means \pm SEM for the indicated numbers of rats per group. * p < 0.05 (two-tailed t-test) compared to SHR controls. Unpublished data from the authors' laboratory.

action (i.e. behavioral, nutritional, physiological) during the first two weeks of postnatal life are responsible for the blood pressure lowering effect of cross-fostering. In the final experiment of this series 52, we tested the hypothesis that the preweaning environments of SHR and SS/Jr mothers would support the development of hypertension in pups of the opposite hypertensive strain. Although the SHR and SS/Jr strains were developed from different foundation strains and apparently have somewhat different etiologies, it is conceivable that the maternal environments provided by mothers of the two strains have characteristics in common. Six groups of rats were included in this study: 4 control-reared groups (SHR, WKY, SS/Jr and SR/Jr) and two cross-fostered groups (SHRs reared by SS/Jr foster mothers and SS/Jrs reared by SHR foster mothers). To maintain consistency across groups, all pups were weaned at 30 days of age. Direct measures of MAP and HR were obtained from each animal at approximately 100 days of age.

As expected, basal MAPs of SHRs were significantly higher than those of WKY controls (p < 0.001). In addition, blood pressures of SS/Jr rats were significantly greater than values for SR/Jr controls (p < 0.001). Interestingly, basal MAPs of cross-fostered SHR and SS/Jr rats were similar to their matched controls that were reared by the natural mothers (fig. 4). Basal heart rates of hypertensive rats were higher than values for their normotensive controls (p < 0.01). In addition, cross-fostering did not affect resting HRs in rats of the two hypertensive strains.

These findings suggest that the maternal environments provided by SHR and S/Jr mothers include some shared hypertensinogenic components. These shared characteristics appear to be sufficient to promote the full development of hypertension in pups of either strain.

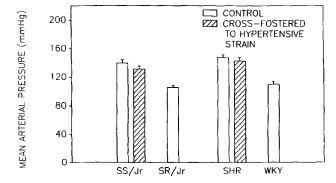


Figure 4. Resting mean arterial pressures (mm Hg) at 100 days of age for SHR, WKY, SS/Jr and SR/Jr male rats reared under control conditions. In addition, males from SS/Jr and SHR litters that were reciprocally cross-fostered soon after birth were also studied. Data are presented as means + 1 SEM for groups of 7-10 rats. Results are from a study by Murphy, Fields-Okotcha and McCarty ⁵².

Conclusions

Cross-fostering and the development of hypertension. The data presented from these five experiments on the Kvoto and the Dahl models of essential hypertension highlight the importance of the preweaning environment in the eventual development of high blood pressure in rats of these strains. Interestingly, the SHR and SS/Jr strains were developed from different breeding stock (Wistar and Sprague-Dawley, respectively) and present very different pathophysiological profiles. Yet, in each strain, our findings revealed that hypertensive pups reared by normotensive foster mothers had significant reductions in adult blood pressures. In contrast, hypertensive pups reared by hypertensive foster mothers did not exhibit any alterations in adult blood pressures. The reductions in arterial pressures of cross-fostered hypertensive animals appeared to be permanent and were not a result of a delay in the development of hypertension.

Other investigators have made use of the cross-fostering paradigm to investigate the role of preweaning factors in the development of hypertension. Consistent with our findings, DiNicolantonio and co-workers 20 reported systolic blood pressures at 12 weeks of age were reduced by approximately 30 mm Hg in SHR rats that were reared from birth to weaning by Sprague-Dawley foster mothers. In contrast, adult blood pressures of Sprague-Dawley rats reared by SHR foster mothers were similar to controls reared by their natural mothers. Azar and Hrushesky 1 also reported that SHRs cross-fostered to WKY mothers at birth exhibited reductions in blood pressures in adulthood compared to SHRs reared by their natural mothers. Finally, Woodworth and colleagues reported that the type of maternal environment affected cardiovascular reactivity in borderline hypertensive rats (BHR), the F₁ hybrids that result from crossing SHRs and WKYs. BHRs reared by SHR mothers responded with maximal pressor responses to a mild stressor (transfer to a novel environment) and maintained this maximal pressor response for up to 5 min after exposure to a more intense stressor (intermittent footshock). In contrast, WKY-reared BHRs responded with graded pressor responses to transfer and footshock and had greater reductions in heart rate 5 min after termination of footshock compared to BHRs reared by SHR moth-

A cross-fostering experiment with SS/Jr and SR/Jr rats has also been conducted recently ¹⁸. SS/Jr and SR/Jr litters were cross-fostered on the day of birth such that half of each litter was fostered to a mother of the opposite strain and the other half remained with the natural mother. Pups were weaned at 30 days of age and, 2 days later, were fed an 8 % NaCl diet. Systolic blood pressures of adult SS/Jr and SR/Jr rats were not affected by cross-fostering. However, SS/Jrs reared by SR/Jr foster mothers displayed increased longevity compared to controls reared by their natural mothers. We have taken these

findings to indicate that SS/Jr are so responsive to salt loading that any beneficial effects of cross-fostering on blood pressures are masked by this dietary regimen. In our own work with these strains, we have provided rats with laboratory chow that contains 0.7% NaCl. In spite of the high salt diet employed by Dene and Rapp ¹⁸, cross-fostered SS/Jrs lived significantly longer than control SS/Jrs, confirming a beneficial effect of the normotensive maternal environment for this strain.

Maternal environment and blood pressure reduction: Putative mechanisms. A number of hypotheses have been advanced to account for the blood pressure lowering effects of cross-fostering in genetically hypertensive rats. These include strain differences in patterns of maternal care, in physiological responses to milk delivery to the pups, and in the quantity and quality of the milk. Recently, we examined patterns of maternal care in SHR and WKY mothers over the entire 21-day preweaning period, with observations made during the light and dark portions of the day-night cycle 15. We found that SHR mothers were in contact with their pups more frequently, groomed their pups more frequently and assumed arched nursing postures over their pups more frequently compared to WKY mothers. Our findings were consistent with the suggestion that SHR mothers are more solicitous of their pups to compensate for their substantial delays in physical and behavioral maturation compared to WKYs¹². Strain differences in cardiovascular responses to milk letdown may also play a role in the blood pressure reducing effects of cross-fostering. When rat pups receive milk ejections from their mothers, they exhibit rapid 30-50% increases in blood pressure as measured by indwelling carotid catheters 62. The blood pressure responses to milk ejections from the mother or from a tongue cannula were significantly greater in SHR compared to WKY pups when tested at 15 days of age 54. Myers and his co-workers have suggested that frequent feedings during infancy may actually promote the development of hypertension in genetically predisposed animals. Their suggestion fits well with our behavioral observations 15 and with those of Myers and his colleagues 53.

Finally, qualitative or quantitative differences in milk provided to developing pups could be involved in blood pressure development. Several reports have detected substantial differences in the concentration of milk electrolytes between SHR and WKY mothers 1, 20. In particular, several laboratories have focussed on concentrations of sodium and calcium in the milk of hypertensive and normotensive mothers. Indeed, there is an impressive body of research to support links between increased dietary sodium and decreased dietary calcium as causal factors in the development of hypertension 22, 23, 34, 46, 48, 64. To date, however, carefully controlled studies relating milk electrolytes to patterns of blood pressure development have not been conducted. The hypertensive phenotype. Research from our laboratory has demonstrated clearly that the progression of hy-

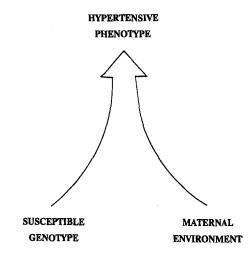


Figure 5. A susceptile genotype and an appropriate maternal environment interact to influence the development of the hypertensive phenotype.

pertension is not strictly controlled by genetic factors present at conception. Rather, a genetic predisposition to hypertensive cardiovascular disease interacts with environmental factors during the life of the organism to determine its cardiovascular phenotype at any given time. We have emphasized that environmental factors present during the neonatal period may exert especially dramatic effects of the expression of the hypertensive phenotype that endure well into adulthood. These results argue for a substantial change in the conceptualization of hypertensive disease in laboratory animals and possibly in humans.

In advancing the concept of a hypertensive phenotype, we have been influenced by the work of Desiardins and Lopez 19 on neuroendocrine phenotypes and by Surwit and colleagues 65 and Lehman and colleagues 42 on expression of the diabetic phenotype. In addition, earlier work by Dubos 21 on the role of early experiences in the later susceptibility to infectious diseases played an important role in guiding the studies presented here. Our results support the view that full expression of the hypertensive phenotype in SHRs and SS/Jrs requires a susceptible genotype and a hypertensive maternal environment. These findings extend the work of others relating to environmental influences on blood pressure development in SHRs 33, 38, 39, 66, 67, 74, in BHRs 40, and in Dahl hypertensive rats ^{25, 26}. A major challenge for this field of inquiry is to determine the mechanism by which early environmental stimuli act to modify the expression of the cardiovascular phenotype.

Acknowledgments. This research was supported in part by a grant from the American Heart Association-Virginia Affiliate, Inc. and by U. S. Public Health Service Grant HL29906. RM was supported by ADAMHA Research Scientist Development Award MH00529, CAM was supported by ADAMHA Training Grant MH18411, CO was supported by a National Science Foundation Minority Predoctoral Fellowship, and JHL was supported by NIH Training Grant HD07323. We are especially grateful to Ms Debbie Mundie for expert secretarial assistance.

- * Present addresses: Mark A. Cierpial, Department of Psychiatry, Duke University Medical Center, Durham, North Carolina 27710, USA:, Carol A. Murphy, Department of Developmental Psychobiology, New York State Psychiatric Institute, 722 North 168th Street, Box 40, New York, New York 10032, USA; Jana H. Lee, Department of Psychiatry, The Johns Hopkins University School of Medicine, Baltimore, Maryland 21205, USA.
- 1 Azar, S., and Hrushesky, W., Environmental factor(s) during suckling exert effects upon blood pressure in genetic hypertension. Clin. Res. 33 (1985) 882A.
- 2 Azar, S., Meyer, M. W., and Myers, J., Umbilical blood pressures and utero-placental blood flow in spontaneously hypertensive rats. J. Hypertension 4 Suppl. 3 (1986) S369-S371.
- Berenson, G. S., Cresanta, J. L., and Webber, L. S., High blood pressure in the young. A. Rev. Med. 35 (1984) 535-560.
 Berenson, G. S., Shear, C. L., Chiang, Y. K., Webber, L. S., and
- 4 Berenson, G. S., Shear, C. L., Chiang, Y. K., Webber, L. S., and Voors, A. W., Combined low-dose medication and primary intervention over a 30-month period for sustained high blood pressure in childhood. Am. J. med. Sci. 299 (1990) 79-86.
- 5 Berenson, G. S., Srinivasan, S. R., Hunter, S. M., Nicklas, T. A., Freedman, D. S., Shear, C. L., and Webber, L. S., Risk factors in early life as predictors of adult heart disease: The Bogalusa Heart Study. Am J. med. Sci. 298 (1989) 141-151.
- 6 Bianchi, G., Fox, U., and Imbasciati, E., The development of a new strain of spontaneously hypertensive rats. Life Sci. 14 (1974) 339– 347
- 7 Brunner, H. R., and Gavras, H., What can be learned from spontaneously hypertensive rats? A clinical point of view, in: Hypertensive Mechanisms. The Spontaneously Hypertensive Rat as a Model to Study Human Hypertension. Eds W. Rascher, D. Clough and D. Ganten. F. K. Schattauer Verlag, Stuttgart 1982
- 8 Bruno, L., Azar, S., and Weller, D., Absence of a prehypertensive stage in postnatal Kyoto hypertensive rats. Jap. Heart J. 20 Suppl. 1 (1979) 90-92.
- 9 Burke, G. L., Voors, A. W., Shear, C. L., Webber, L. S., Smoak, C. G., Cresanta, J. L., and Berenson, G. S., Cardiovascular risk factors from birth to 7 years of age: The Bogalusa Heart Study. Blood pressure. Pediatrics 80 (1987) 784-788.
- 10 Chiueh, C. C., and Kopin, I. J., Hyperresponsivity of spontaneously hypertensive rats to indirect measurement of blood pressure. Am. J. Physiol. 234 (1978) H690-H695.
- 11 Cierpial, M. A., Konarska, M., and McCarty, R., Maternal influences on the sympathetic-adrenal medullary system in spontaneously hypertensive rats. Am. J. Physiol. 258 (1990) H1312-H1316.
- 12 Cierpial, M. A., and McCarty, R., Preweaning behavioral development in spontaneously hypertensive, borderline hypertensive and Wistar-Kyoto normotensive rats. Devl. Psychobiol. 20 (1987) 57–69
- 13 Cierpial, M. A., and McCarty, R., Hypertension in SHR rats: Contribution of the maternal environment. Am. J. Physiol. 253 (1987) H980-H984.
- 14 Cierpial, M. A., and McCarty, R., Adult blood pressure reduction in spontaneously hypertensive rats reared by normotensive Sprague-Dawley mothers. Behav. Neural Biol. 56 (1991) 262-270.
- 15 Cierpial, M. A., Shasby, D. E., and McCarty, R., Patterns of maternal behavior in the spontaneously hypertensive rat. Physiol. Behav. 39 (1987) 663–667.
- 16 Cutilletta, A. F., Benjamin, M., Culpepper, W. S., and Oparil, S., Myocardial hypertrophy and ventricular performance in the absence of hypertension in spontaneously hypertensive rats. J. molec. cell. Cardiol. 10 (1978) 689-703.
- 17 Dahl, L. K., Heine, M., and Tassinari, L., Effects of chronic excess salt ingestion: Evidence that genetic factors play an important role in susceptibility to experimental hypertension. J. exp. Med 115 (1962) 1173-1190.
- 18 Dene, H., and Rapp, J. P., Maternal effects on blood pressure and survivability in inbred Dahl salt-sensitive rats. Hypertension 7 (1985) 767-774.
- 19 Desjardins, C., and Lopez, M. J., Environmental cues evoke differential responses in pituitary-testicular function in deer mice. Endocrinology 112 (1983) 1398-1406.
- 20 DiNicolantonio, R., Marshall, S. J., Nicolaci, J. A., and Doyle, A. E., Blood pressure and saline preference of cross-suckled genetically hypertensive and normotensive rats: Role of milk electrolytes. J. Hypertens. 4 Suppl. 3 (1986) S253-S254.
- 21 Dubos, R., Lasting biological effects of early experiences. Persp. Biol. Med. 12 (1969) 479–491.

- 22 DuPont, J., DuPont, J. C., Fromont, A., Milton, H., and Vincent, M., Selection of three strains with spontaneously different levels of blood pressure. Biomedicine 19 (1973) 36-41.
- 23 Ferrell, F., and Dreith, A. Z., Calcium appetite, blood pressure and electrolytes in spontaneously hypertensive rats. Physiol. Behav. 37 (1986) 337-343.
- 24 Ferrell, F., and Gray, S. D., Longitudinal study of salt preferences in normotensive and hypertensive rats. Hypertension 7 (1985) 326-332.
- 25 Friedman, R., and Dahl, L. K., The effect of chronic conflict on the blood pressure of rats with a genetic susceptibility to experimental hypertension. Psychosom. Med. 37 (1975) 402-416.
- 26 Friedman, R., and Iwai, J., Genetic predisposition and stress-induced hypertension. Science 193 (1976) 161-162.
- 27 Gaudio, K. M., Ross, B. A., and Siegel, N. J., Hypertension in children and adolescents. Primary Care 10 (1983) 125-134.
- 28 Geller, R. (Ed.), Spontaneous Hypertension: Its Pathogenesis and Complications. Department of Health, Education and Welfare Publication No. 77-1179. U.S. Government Printing Office, Washington, D.C.
- 29 Gillum, R. F., Prineas, R. J., Sopko, G., Koga, Y., Kubicek, W., Robitaille, N. M., Bass, J., and Sinaiko, A., Elevated blood pressure in school children prevalence, persistence, and hemodynamics: The Minneapolis Children's Blood Pressure Study. Am. Heart J. 105 (1983) 316-322.
- 30 Gray, S. D., Pressure profiles in neonatal spontaneously hypertensive rats. Biol. Neonate 45 (1984) 25-32.
- 31 Gray, S. D., Spontaneous hypertension in the neonatal rat: A review. Clin exp. Hypertens. Theory Practice A6 (1984) 755-781.
- 32 Gray, S. D., and Lawrence, C. C., Reciprocal embryo transfer between spontaneously hypertensive and normotensive rat strains. Clin. exp. Hypertens.- Hypertension in Pregnancy B2 (1983) 351-369.
- 33 Hallback, M., Interaction between central neurogenic mechanisms and changes in cardiovascular design in primary hypertension. Experimental studies in spontaneously hypertensive rats. Acta physiol. scand. Suppl 424 (1975).
- 34 Hatton, D. C., Huie, P. E., Muntzel, M. S., Metz, J. A., and McCarron, D. A., Stress-induced blood pressure responses in SHR: Effect of dietary calcium. Am. J. Physiol. 252 (1987) R 48-R 54.
- 35 Hofman, A., Blood pressure in childhood: An epidemiological approach to the aetiology of hypertension. J. Hypertens. 2 (1984) 323-328.
- 36 Knudsen, K. K., Dahl, L. K., Thompson, K., Iwai, J., Heine, M., and Leitl, G., Effects of chronic excess salt ingestion: Inheritance of hypertension in the rat. J. exp. Med. 132 (1970) 976-1000.
- 37 Kurtz, T. W., and Morris, R. C., Biological variability in Wistar-Kyoto rats. Implications for research with the spontaneously hypertensive rat. Hypertension 10 (1987) 127-131.
- 38 Lais, L. T., Batnagar, R. A., and Brody, M. J., Inhibition by dark adaptation of the progress of hypertension in the spontaneously hypertensive rat (SHR). Circulation Res. 34-35 Suppl. 1 (1974) I-155-I-160.
- 39 Lais, L. T., Rios, L. L., Boutelle, S., DiBona, G. F., and Brody, M. J., Arterial pressure development in neonatal and young spontaneously hypertensive rats. Blood Vessels 14 (1977) 277-284.
- 40 Lawler, J. E., and Cox, R. H., The borderline hypertensive rat (BHR): A new model for the study of environmental factors in the development of hypertension. Pavlov. J. biol. Sci. 20 (1985) 101-115.
- 41 Lee, R. M. K. W., McKensie, R., and Roy M., Ultrastructure and morphometric measurements of mesenteric arteries from newborn spontaneously hypertensive rats. Blood Vessels 25 (1988) 105-114.
- 42 Lehman, C. D., Rodin, J., McEwen, B., and Brinton, R., Impact of environmental stress on the expression of insulin-dependent diabetes mellitus. Behav. Neurosci. 105 (1991) 241-245.
- 43 Levin, S. E., Significance of hypertension in children. Clin. Cardiol. 6 (1983) 373-377.
- 44 Lovenberg, W., The importance of rat models in hypertension research. J. Hypertens. 4 Suppl. 3 (1986) S3-S6.
- 45 Lovenberg, W., Simpson, F. O., and Yamori, Y. (Eds.), Contribution of Hypertensive Rat Models to Medicine. J. Hypertens. 4 Suppl. 3 (1986).
- 46 MacGregor, G. A., Sodium is more important than calcium in essential hypertension. Hypertension 7 (1985) 628-637.
- 47 McCarron, D. A., Is calcium more important than sodium in the pathogenesis of essential hypertension? Hypertension 7 (1985) 607-627
- 48 McCarron, D. A., Morris, C. D., Henry, H. J., and Stanton, J. L., Blood pressure and nutrient intake in the United States. Science 224 (1984) 1392-1398.

- 49 McCarty, R., Kirby, R. F., Cierpial, M. A., and Jenal, T. J., Accelerated development of cardiac sympathetic responses in spontaneously hypertensive (SHR) rats. Behav. Neural Biol. 48 (1987) 321-333.
- 50 Morton, J. J., Beattie, E. C., Griffin, S. A., MacPherson, F., Lyall, F., and Russo, D., Vascular hypertrophy, renin and blood pressure in the young spontaneously hypertensive rat. Clin. Sci. 79 (1990) 523-530.
- 51 Murphy, C. A., and McCarty, R., Maternal environment and development of high blood pressure in Dahl hypertensive rats. Am J. Physiol. 257 (1989) H1396-H1401.
- 52 Murphy, C. A., Fields-Okotcha, C., and McCarty, R., Shared maternal influences in the development of high blood pressure in the spontaneously hypertensive (SHR) and Dahl salt-sensitive (SS/Jr) rat strains. Behav. Neural Biol., in press.
- 53 Myers, M. M., Brunelli, S. A., Squire, J. M., Shindeldecker, R. D., and Hofer, M. A., Maternal behavior of SHR rats and its relation to offspring blood pressures. Devl. Psychobiol. 22 (1989) 29-53.
- 54 Myers, M. M., and Scalzo, F. M., Blood pressure and heart rate responses of SHR and WKY rat pups during feeding. Physiol. Behav. 44 (1988) 75-83.
- 55 National Education Programs Working Group Report on the Management of Patients with Hypertension and High Blood Cholesterol. Ann. intern. Med. 114 (1991) 224-237.
- 56 Okamoto, K. (Ed.), Spontaneous Hypertension. Its Pathogenesis and Complications. Igaku Shoin, Ltd., Tokyo 1972.
- 57 Okamoto, K., and Aoki, K., Development of a strain of spontaneously hypertensive rats. Jap. Circ. J. 27 (1963) 282-293.
- 758 Rapp. J. P., Dahl salt-susceptible and salt-resistant rats. Hypertension
- 59 Rapp, J. P., and Dene, H., Development and characteristics of inbred strains of Dahl salt-sensitive and salt-resistant rats. Hypertension 7 (1985) 340-349
- 60 Rascher, W., Clough, D., and Ganten, D. (Eds.), Hypertensive Mechanisms. The Spontaneously Hypertensive Rat as a Model to Study Human Hypertension. F. K. Schattauer Verlag, Stuttgart 1982.
- 61 Sen, S., and Bumpus, F. M., Collagen synthesis in development and reversal of cardiac hypertrophy in spontaneously hypertensive rats. Am. J. Cardiol. 44 (1979) 954-958.
 62 Shair, H. N., Brake, S. C., Hofer, M. A., and Myers, M. M., Blood
- 62 Shair, H. N., Brake, S. C., Hofer, M. A., and Myers, M. M., Blood pressure responses to milk ejection in the young rat. Physiol. Behav. 37 (1986) 171-176.
- 63 Smirk, F. H., and Hall, W. H., Inherited hypertension in rats. Nature 182 (1958) 727-728.

- 64 Stern, N., Lee, D. B. N., Silis, V., Beck, F. W. J., Deftos, L., Manolagas, S. C., and Sowers, J. R., Effects of calcium intake on blood pressure and calcium metabolism in young SHR. Hypertension 6 (1984) 639-646.
- 65 Surwit, R. S., Feinglos, M. N., Livingston, E. G., Kuhn, C. M., and McCubbin, J. A., Behavioral manipulation of the diabetic phenotype in ob/ob mice. Diabetes 33 (1984) 616–618.
- 66 Tang, M., Gandelman, R., and Falk, J. L., Amelioration of genetic (SHR) hypertension: A consequence of early handling. Physiol. Behav. 28 (1982) 1089-1091.
- 67 Tucker, D. C., and Johnson, A. K., Influence of neonatal handling on blood pressure, locomotor activity, and preweaning heart rate in spontaneously hypertensive and Wistar-Kyoto rats. Dev. Psychobiol. 17 (1984) 587-600.
- 68 Unger, R., Kreeger, L., and Christoffel, K. K., Childhood obesity. Medical and familial correlates and age of onset. Clin. Pediatr. 29 (1990) 368-373.
- 69 Weiss, L., and Lundgren, Y., Left ventricular hypertrophy and its reversibility in young spontaneously hypertensive rats. Cardiovasc. Res. 12 (1978) 635-638.
- 70 Woerner, E. M., and Schaaf, M. L., Cholesterol screening in a black inner-city pediatric population. South. Med. J. 84 (1991) 179-185.
- 71 Woodworth, C. H., Knardahl, S., Sanders, B. J., Kirby, R. F., and Johnson, A. K., Dam strain affects cardiovascular reactivity to acute stress in BHR. Physiol. Behav. 47 (1990) 139–144.
- 72 Yamori, Y., Pathogenesis of spontaneous hypertension as a model for essential hypertension. Jap. Circ. J. 41 (1977) 259-266.
- 73 Yamori, Y., Pathogenetic similarities and differences among various strains of spontaneously hypertensive rats, in: Hypertensive Mechanism. The Spontaneously Hypertensive Rat as a Model to Study Human Hypertension. Eds W. Rasher, D. Clough and D. Ganten. F. K. Schattauer Verlag, Stuttgart 1982.
- 74 Yamori, Y., Horie, R., Ohtaka, M., Nara, Y., and Ikeda, K., Genetic and environmental modification of spontaneous hypertension. Jap. Circ. J. 42 (1978) 1151-1159.

0014-4754/92/040315-08\$1.50 + 0.20/0 \odot Birkhäuser Verlag Basel, 1992

Feeding in infancy: Short- and long-term effects on cardiovascular function

M. M. Myers, H. N. Shair and M. A. Hofer

Department of Psychiatry, Columbia College of Physicians and Surgeons, Columbia University and the New York State Psychiatric Institute, 722 West 168th St., New York (NY 10032, USA)

Abstract. Cardiovascular responses of adult organisms to feeding are well characterized and, in general, are understood as acute adaptations required for processing and distributing nutrients. Research over the past several years has shown that infants also have important cardiovascular responses to nutrient intake and that these are regulated by changes in autonomic activity to the heart and vasculature. Recent studies have provided results that suggest these responses in infancy may make an important contribution to the long-term development of cardiovascular function, in particular, adult blood pressure (BP). The purpose of this presentation will be to review the evidence that has led to this conclusion, offer ideas about how this potential early-life shaping of subsequent cardiovascular function may come about, and suggest further studies that will be required in order to characterize the mechanisms responsible for these effects.

Key words. Hypertension; infancy; genetic strains; environmental contributions.

Introduction

Beneath the seeming routine performance of behaviors required for ingestion of water and nutrients is an impressive array of physiologic mechanisms involved in processing this intake. The myriad changes in gastric motility and acid, bile, and hormone secretions which are required for digestion, absorption and cellular uptake of